

CQ Swim Highlights 2009 State Championships

Individual Central Queensland swimmers have performed well and coaches are congratulated on the achievements of their charges. This, along with the success of our relay teams highlights the growing strength of swimming in Central Queensland.

It was pleasing to see the number of swimmers who indicated their willingness to be considered for CQ Relay Team selection and a special CQ Relay Team shirt was provided to all swimmers [including reserves & coaches]. In addition, those swimmers who participated in the relays also received a CQ Team Swimming Cap.

Led by our 14 years & under boy's team [Liam Rayfield, Jared O'Hanlon, Chris Hansen and Alex Williams] a medley relay Gold Medal was followed by a freestyle relay Silver Medal a short time after and I advise that the results from all our teams are particularly pleasing. Although unable to nominate teams in every age division, CQ was v/competitive even with many of our team members required to swim up age divisions. Several members of CQ relay team swimmers made themselves available to swim even though they were not contesting any individual events and this association thank you for your commitment to supporting your team mates.

It is very likely that our CQ relay teams next year will be even more competitive.

Congratulations to Caribee and Rocky City clubs that also contested several club relay events

CQ Relay team results in 2009 are:

Team	Male		Female	
	FS	Medley	Fs	Medley
10 & under	No Team	No Team	5 th	4 th
12 & under	10 th	9 th	8 th	6 th
14 & under	2 nd	1 st	6 th	6 th
16 & under	4 th	4 th	8 th	7 th
Open	8 th	5 th	No Team	No Team

CQ Clubs with individual swimmer representation at these Championships are:

Caribee [11]
CQ Aquajets [1]
Emerald [2]
Gracemere [1]
Gladstone [13]
Moranbah [1]
Rocky City [17]
SBU Saints [2]
Western Suburbs [1]

Individual Highlights

CQ Swimmers produced many personal best times during the competition and each one of you is congratulated on the way you have competed. Also, a special mention is made regarding the efforts of all our coaches who are doing a great job with their swimmers. This association thanks you for your efforts and acknowledges the improvement in all of our region's swimmers.

Finalists and Medallists in 2009 are:

Caribeae	Karleigh Banks	4 finals		
	Alanna Bowles	3 finals		
	Caitlin Hiron	Reserve finalist		
	Briannah Holloway	3 finals		
	Daniel Lynch	1 final		
	Keegan Mullane	Reserve finalist		
Gladstone	Chris Hansen	4 finals		
	Bianca Turner	Reserve finalist		
	Alex Williams	7 finals	Gold Medallist Silver Medallist Bronze Medallist	200 IM 100 Backstroke 400 IM 100 Butterfly 100 Freestyle
Rocky City	Sam Bell	Reserve finalist [2]		
	Maddison Iskov	1 final		
	Rhys Mawn	1 final		
	Jodie Mulvihill	2 finals		
	Jared O'Hanlon	2 finals	Gold Medallist	100 Breaststroke
	Liam Rayfield	1 reserve finalist 7 finals	Gold Medallist Silver Medallist Bronze Medallist	400 IM 100 Backstroke 100 Breaststroke 200 Breaststroke
	Todd Russell	1 Reserve finalist 1 final		
	Matthew White	1 Reserve finalist 2 finals	Bronze Medallist	100 Breaststroke

Full List of Relay and Individual Results can be viewed at the Swimming Queensland Website

<http://www.qld.swimming.org.au/>

164 Clubs contested the Team Point Competition

Full List of team Results

Rocky City Club has placed 1st Country Club and 21st overall. This is an excellent result for the club and swimmers, members and coaches are congratulated on achieving this feat.

Other CQ Club Team Results are:

Gladstone - 31st overall

Caribee - 40th overall

Western Suburbs - 85th overall

Boyne Tannum - 92nd overall

SBU Saints - 96th overall