

**“Expression of interest
For selection into a 2009 CQ Regional Relay at Qld Championships”**

Name [Please print]

Club [Please print]

Age [as at 12th December 2009].....

Shirt size

I confirm that if selected as a swimmer into any CQ Regional Relay Team to compete in Brisbane on Saturday 12th December 2009 that I will be available to compete and should I be selected as a reserve to a relay team, I acknowledge that I will attend the meet in that capacity.

Note: From the swimmers who have advised their availability:

1. Team Manager Software will be used to identify the members of each freestyle relay team. Similarly, the members and the strokes that each will swim in the medley relays will be determined.
2. Only long course times swum since 1/01/09 and up until 09/11/09 will be used in the selection process. It is anticipated that discount airfares may be able to be utilized if early notification of team members is possible. **Hence, it is planned to select the teams during the second week of November.**
3. It is the swimmer’s responsibility to ensure 50-metre times have been recorded during this period and should the time recorded be at a meet outside of the CQ Region, the swimmer must provide verification of the time swum.

Swimmer signature

Parent / Guardian [please print].....

Signature

Please return completed form [preferably as an email attachment] to:
khiron@pacific.net.au asap before 9/11/09