



Times only Meet

WESTERN SUBURBS (GLADSTONE) SWIMMING CLUB INC.

Short Course Spring Sprint Meet

**Saturday 10th October 2009 Gates open 6.30am – Start 8.30am SHARP
Nomination - \$4.00 per event. (Do not nominate for the Dash for Cash)**

Nominations Close 5th October 2009

Boys	Girls	Age	Event	Boys	Girls	Age	Event
1	2	12& Under	100m IM	67	68	SWD	50m Fly
3	4	13 & Over	100m IM	69	70	7yrs/under	25m Free
5	6	7yrs/under	25m Fly	71	72	8yrs	25m Free
7	8	8yrs	25m Fly	73	74	9yrs	25m Free
9	10	9yrs	25m Fly	75	76	10yrs	25m Free
11	12	10yrs	25m Fly	77	78	11yrs	25m Free
13	14	11yrs	25m Fly	79	80	12yrs	25m Free
15	16	12yrs	25m Fly	81	82	13yrs	25m Free
17	18	13yrs	25m Fly	83	84	14yrs	25m Free
19	20	14yrs	25m Fly	85	86	15yrs	25m Free
21	22	15yrs	25m Fly	87	88	16yrs/over	25m Free
23	24	16yrs/over	25m Fly	89	90	SWD	25m Free
25	26	SWD	25m Fly	91	92	10yrs/under	50m Breast
27	28	10yrs/under	50m Back	93	94	11-12yrs	50m Breast
29	30	11-12yrs	50m Back	95	96	13-14yrs	50m Breast
31	32	13-14yrs	50m Back	97	98	15yrs/over	50m Breast
33	34	15yrs/over	50m Back	99	100	SWD	50m Breast
35	36	SWD	50m Back	101	102	10yrs/under	50m Free
37	38	7yrs/under	25m Breast	103	104	11-12yrs	50m Free
39	40	8yrs	25m Breast	105	106	13-14yrs	50m Free
41	42	9yrs	25m Breast	107	108	15yrs/over	50m Free
43	44	10yrs	25m Breast	109	110	SWD	50m Free
45	46	11yrs	25m Breast	111	112	7yrs/under	25m Back
47	48	12yrs	25m Breast	113	114	8yrs	25m Back
49	50	13yrs	25m Breast	115	116	9yrs	25m Back
51	52	14yrs	25m Breast	117	118	10yrs	25m Back
53	54	15yrs	25m Breast	119	120	11yrs	25m Back
55	56	16yrs/over	25m Breast	121	122	12yrs	25m Back
57	58	SWD	25m Breast	123	124	13yrs	25m Back
59	60	10yrs/under	50m Fly	125	126	14yrs	25m Back
61	62	11-12yrs	50m Fly	127	128	15yrs	25m Back
63	64	13-14yrs	50m Fly	129	130	16yrs/over	25m Back
65	66	15yrs/over	50m Fly	131	132	SWD	25m Back
133 (boys) - 134 (girls) 12/under 50m Freestyle Dash For Cash							
135 (boys) – 136 (girls) 13 & Over 50m Dash For Cash							

Venue:-

**John Dahl Pool Complex
Glenlyon Street, Gladstone
P O Box 8093, South Gladstone**

Enquires to Carnival Coordinator

**Janet Frewen-Lord
Home 4979 3059
Pool 4972 8212 Fax 4972 8989**

Email entries to
westswim_gladstone
@hotmail.com

*Ribbons will be awarded to all swimmers 7 years & under for all events
Medals will be awarded to 1st, 2nd & 3rd placegetters for swimmers 8 years & over
Age Aggregate points will be awarded on all events excluding IMs*

Trophies will be awarded to Swimmer of the Meet and Club with Highest Points

**The 6 fastest times from 50m Freestyle events male & female will qualify for the Dash for cash –
13 & Over - 1st \$50 2nd \$25 12/under 1st \$30 2nd \$15**

BBQ breakfast first thing and great food & drinks for sale all day

NO LATE NOMINATIONS WILL BE ACCEPTED