

## **Attention JX Swimmers in Central Queensland**

### **Did you earn a T-Shirt in this year's JX?**

If so, SQ is conducting a FREE clinics just for JX swimmers in your region very soon.

Each clinic will feature a top swimmer and coach who can help you to improve and inspire you to achieve more in your swimming.

The CQ clinic will be:

### **Wednesday 23 September**

#### **Venue**

**Rockhampton** Grammar School, featuring Queensland Open Team Member and Australian Age Record Holder, *Yolane Kukla* and coach Michael Palfery– maximum of 40 swimmers (1:00pm-3:00pm)

- Enrolments close 21 September

#### **Registration**

To take part in any clinic, simply e-mail your name, club and which clinic you wish to attend to Katrena on [admin1.qld@swimming.org.au](mailto:admin1.qld@swimming.org.au) before the closing date to reserve your spot.

**Every person will be advised by return e-mail of whether or not their enrolment is accepted.**